

Treatment Menu



Exhibit Beauty Therapy

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All prices include GST. Prices as at 19th September 2023, and may be subject to change. We require 24 hrs notice of cancellation, otherwise a fee will be charged.

# **Premier Sothys Facials**

We are proud to offer a full range of Sothys sophisticated programmes, responding to all skin concerns in a targeted way.

### Leave it to the experts

Our therapists understand skin. Let us take the time to assess your skin and tailor the perfect facial that is specific and suited to your skin type to give you the best results while you relax. Book a one hour or 90min treatment (price on consultation).

Multi Vitamin \$135

A relaxing and rejuvenating facial for all skin types to leave you feeling radiant. Refreshes and revitalises your skin, with ampoule therapy to improve and reduce skin concerns.

## **Purifying Facial**

\$130

A cleansing treatment suitable for oily/acne skin types. Decongests oily skin, eliminating impurities such as break outs, inflammation and blemishes to leave you feeling your best.

#### **Seasonal Revitaliser**

\$145

One of our most popular treatments, suitable for all skin types. Addresses the most common skin problems due to seasonal weather changes, such as dry, irritated or oily using high quality seasonal plant extracts. Find comfort for your skin and prepare it for Summer, Winter, Autumn and Spring.

#### **Lactic Pro Peel**

\$150 or \$95

A restorative treatment suitable for most skin types. Lactic acid gently smooths textured skin while signalling hydration to plump up the skin to leave you feeling rejuvenated.

### Glysalac Pro Peel: Peel

\$150

For oily/combination skin types, this is the treatment to help. Softening congestion this peel will retexturise your skin surface, while deeply cleansing the area and alleviating future break outs.

## **Organic Radiance**

\$150

With its gentle ingredients, proudly certified both Organic and Vegan, this is suitable for all skin types. Relax and rejuvenate your skin with our fresh scented, instant radiance, facial.

## **Advanced Hydration 4HA**

\$175

For impactful results on dry/dehydrated/dull skin types, intensively hydrate your skin with 4 sources of hyaluronic acid, which instantly plumps, firms and delivers a visibly younger and noticeably improved complexion.

#### Men's Luxe Skin

\$145

Relax with our implemented facial steam routine, deeply cleansing and exfoliating your skin while extracting any unwanted oil build up. During this we will target your neck, shoulder and scalp with a relaxing, nourished massage to make you look, and feel, your best.

## **Ultra-Firming**

\$185

Using the latest, leading-edge triple-targeted peptides, this treatment can visibly improve the signs of premature or existing aging. Restore your radiance while enjoying specific anti-aging massage movements that release tension within your face, neck and shoulders.

Specifically designed to repair your skins barrier function, reduce redness and sooth irritation with the use of cryotherapy (cooling of the skin) to improve circulation and encourage healthy skin tone.

Intensive Detox \$185

This invigorating facial boosts your cellular energy to increase detoxification of pollutants due to stress, ill health or environmental contaminants. A complimentary serum given at the conclusion of your treatment ensures continuation of the results at home.

## **Pigmentation Management Facial**

\$185

This 6-step treatment provides a triple solution: dark spots, hydration and an even complexion. Ideal for age spots, post pregnancy pigmentation and prevention of further radiance. Incorporates powerful antioxidants, organic white nettle and niacinamide (vitamin B3) for radiance and luminosity.

## Micro Dermobooster - Gold Standard for Anti-aging

\$295

A highly advanced dermal facial treatment, combining micro-needling by our highly trained therapists, AHA BHA peel, micro dermabrasion plus a gentle vibration lifting massage to firm, plump and stimulate collagen. This will leave your skin more toned, glowing and visibly younger looking. A complimentary set of hydration ampoules are included to ensure continuation of the results at home.



# **Lira Clinical Facials**

Lira Precise Peel System with plant stem cells.

### Leave it to the experts

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### **Introductory Peels**

(45mins)

## Glow and Go (Starter)

\$155

The Vita Bright Refresher tightens, brightens and hydrates all skin types. This peel contains Vitamin C, plant stem cells and enzymes that improve overall skin health and can also be used on some rosacea skin conditions.

## Refresh and Renew (Starter)

\$155

A Pumpkin Plus Probiotic treatment, ideal for uneven skin tone and dull, dry skin. Packed with antioxidants, plant stem cells, retinol and healing vitamins to leave you feeling refreshed and rejuvenated.

#### **Advanced and Cocktailed Peels**

Before progressing to an expert peel and to ensure the best outcome and results for your skin, we require you have a minimum of "Core Four Lira Products" and undertaken at least 1 introductory peel before proceeding to an advanced peel.

## **Lira Expert Peel**

Customisable treatments for precise results, We believe in a peel-and-heal approach to optimise results with less time down. Discover clearer, more radiant skin with the correct combination of Peptides, Retinol, and Lactic or Salicylic acids for amazing results.



## **Ultraceuticals Facials**

The Ultraceuticals range contains high levels of active ingredients in tested formulations to provide effective products to address major skin concerns.

### Leave it to the experts

Our therapists understand skin. Let us take the time to assess your skin and tailor the perfect facial that is specific and suited to your skin type to give you the best results while you relax. Book a one hour or 90min treatment (price on consultation).

#### Ultra-Microdermabrasion

\$175

A customised peel to suit your skin type and current skin concerns. This treatment removes dead skin cells and increases cellular turnover, leaving the skin looking more radiant and youthful. Microdermabrasion improves the overall look, feel, texture and tone of the skin and helps products penetrate more easily.

## **Ultra-Sonophoresis**

\$175

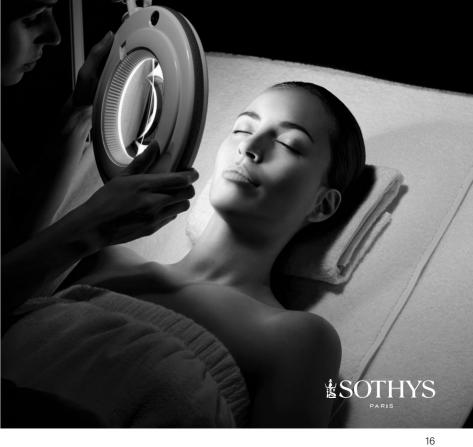
A customised facial to suit your skin type and current skin concerns. Sonic waves deeply cleanse and target the tissues beneath your skin to give you a natural glow from within, increasing the efficacy of active ingredients with longer lasting benefits. This allows products and vitamins selected to suit your skin condition to be pushed into the dermis (deeper layers of the skin) where they are more effective in treating acne, pigmentation, aging and improving the skin's overall appearance.

Ultra Pro Peel \$150

You and your therapist will discuss the most effective peel for your skin from our selection of Lactic-dryskin mandelic (combination) Brightening or Sun damage.

Ultra-Azyme \$190

The powerhouse of all treatments. This fast-acting, non-invasive skin rejuvenation treatment combines proven anti-aging ingredients Retinol and Bromelain to refresh, hydrate and plump the skin. Works quickly to dramatically diminish the appearance of fine lines and wrinkles, even skin tone and improve overall skin luminosity.



## **Customised Facials**

A completely personalised facial designed to treat any and all skin concerns you are facing.

### Leave it to the experts

Our therapists understand skin. Let us take the time to assess your skin and tailor the perfect facial that is specific and suited to your skin type to give you the best results while you relax. Book a one hour or 90min treatment (price on consultation).

## Deep Cleanse \$89

A cleansing and purifying treatment that includes a deep cleanse and exfoliation, which helps remove dead skin cells and promote production of new skin cells to reveal clearer, healthier and smoother skin.

#### Mini Deluxe Facial

\$89

A taste of a full facial ensuring your skin is cleansed, exfoliated and a massage of an appropriate mask suited to your skins needs. A perfect pick me up for all skin types and ages.

## Micro-needling with MPEN

\$284

Micro needling is a minimally invasive procedure that creates thousands of microchannels in the epidermis though tiny perforations. This induces a natural healing response resulting in the formation and remodelling of new collagen and elastin. A skin consultation will be undertaken at each session, allowing your therapist to provide the best solutions and formulas to improve many skin concerns, such as acne scarring, fine wrinkles, enlarged pores, loss of firmness and pigmentation reduction.

#### Microdermabrasion

\$165

Microdermabrasion is a minimally invasive procedure targeting the upper layer of skin (epidermis) and works by stimulating the skin to tighten collagen and elastin fibres.

### **IPL Skin Rejuvenation - Full Face**

\$295

IPL uses light energy to target accurately and remove pigmented or damaged skin cell, redness and stimulate collagen production. Our certified, highly experienced therapists will undertake a skin consultation to provide the best solution for you.

IPL is a proven method to reduce and resolve many conditions, such as acne scarring, spider veins, broken capillaries, rosacea, age spots, fine lines and sunspots.

Rosacea Areas \$150

IPL offers reduction of redness and capillaries across the nose and cheeks. The light heats cells in the skin and breaks them down. The body then removes the treated tissue naturally.

As always, a skin consultation will be undertaken at each session, to allow your therapist to provide the best solutions and treatments to resolve your specific skin requirements.

## **Pigmentation Areas**

\$150+

IPL targets affected areas in reducing discolouration deep within the skin. For significant or longer-term skin damage, several sessions over your skins natural rejuvenation cycle will see a visible reduction in a return to a more even skin tone.

Pricing is subject to the size and area to be treated. Advice will be provided through a full consultation from your therapist.

## **Facial Add-ons**

Indulge in our facial add-ons for a truly luxurious experience! Choose from a variety of different treatment add-ons to enhance your results and leave you feeling pampered.

\$65

Exfoliation of the outer layer of your skin, removing unwanted dead skin cells with the additional advantage of removing unwanted vellus hairs (fine, short hair). Your results will be a smoother and brighter complexion and perfection of foundation application.

## **Anti-aging Eye Treatment**

\$75

Our high-grade products used by your experienced therapist during this treatment, will revitalise the eye area and providing a fresher, brighter appearance.

High frequency Antibacterial treatment	\$25
Nail file & polish	\$30
Mini make up	\$35
Brow shape & tint	\$30
Lash tint	\$30
Lip and chin wax	\$35
Lip (or) chin wax	\$25
Foot/hand, scalp or back massage 10mins	\$25

## Makeup

Day makeup	\$85
Special occasion	\$110

## Waxing

Face and neck		Combo Deals	
Lip	\$30	Lip & Chin	\$50
Chin	\$30	Bikini & Underarm	\$58
Brow	\$30	Thigh & Bikini	\$68
Half Face	\$55	Back & Chest	\$130
Full Face	\$75	Men's Groom	
		(ears, nose, eyebrows)	\$50
Upper Body		½ leg, bikini (or) underarm	\$70
Under Arm	\$35	½ leg, bikini and underarm	\$88
Half Arm	\$28	Full leg, bikini (or) under arm	\$85
Full Arm	\$68	Full leg, bikini and underarm	\$95
Back	\$56		
Chest	\$75		
Lower Body			
½ leg	\$48		
Thigh	\$55		
Full leg	\$75		
Bikini	\$38		
Extended bikini	\$45		
Brazilian	\$85		
(Repeat Brazilian under 6 weeks)	\$75		

## Intense Pulse Light (IPL) Treatment

Anthelia IPL is the worlds most advanced IPL machine with patented technology by EFB Beaute from France for all skin and hair types.

#### Consultation

Our fully trained and certified IPL specialists will take you through the science and benefits of IPL treatments, providing you with the knowledge and understanding of your hair growth and its lifecycle.

This will provide you with the knowledge of how many sessions may be required to meet your requirements and desired results.

IPL is the most effective hair reduction treatment and with our machine we are proudly able to offer treatments for all hair colours that many others cannot.

For blonde/red/grey hair removal, the area must be waxed first (additional treatment) as our advanced Anthelia IPL equipment treats the hemoglobin at the base of the hair follicle to achieve outstanding results.

## **IPL**

Face		Lower Body	
Face	\$95	Bikini	\$150
Lip	\$95	Extended Bikini	\$180
Mid-Brow	\$95	Brazilian	\$250
Half Face (excl. neck)	\$155	Thigh	\$380
		½ leg	\$350
Upper body		Full leg	\$450
Belly Button Area	\$90	Toes	\$50
Hands	\$110		
Underarm	\$130	Combo Deals	
½ Arms	\$150	Lip & Chin	<b>\$130</b> Save \$50
Full Arm	\$200	Bikini & Underarm	<b>\$240</b> Save \$40
Chest	\$200	Half Face & Neck	<b>\$180</b> Save \$120
Abdomen	\$200		
Shoulders	\$220	Purchase 10 sessions of IPL, you will	
Full Back	\$350	receive your 11th one t	free!

## Massage

A blend of deep tissue, relaxion, sports and pressure points suited to your individual needs.

30 mins	\$65
45 mins	\$80
60 mins	\$120
90 mins	\$150

### **Moroccan Body Scrub**

\$160

Embark on and oriental aromatic body ritual with deeply relaxing notes of amber and myrrh. This exotic ritual includes an exclusive body exfoliation with a handmade Moroccan clay stone and enzymatic syrup to soften and smooth your skin.

A relaxing massage with warmed amber oil soothes your mind body and soul.

To recreate this experience at home the Moroccan clay stone is gifted to you for home use.

## A Facial for your back "Bacial" 60mins

\$125

A full deep cleanse using steam to soften the skin and allow for deeper exfoliation, extractions are optional, followed by a relaxation massage and or mask depending on your skin requirements.

#### Mini Bacial 30 mins

\$80

Full back exfoliation plus massage of nourishing cream - Let us smooth and soften those hard to reach places.

## Manicure and Pedicure Brows & Lashes

Using the latest polishes for long lasting wear and fast drying.

Manicure	
Nail Shape & Polish	\$35
Mini Manicure	\$58
Exhibit Spa Manicure	\$85

## **Pedicure**

Nail File & Polish	\$35
Mini Pedicure	\$58
Exhibit Spa Pedicure	\$95
+ (Callus heel Treatment)	\$25

Brow tint	\$32
Brow Shape	\$32
Eyelash Tint	\$42
Brow Tint and Shape	\$45
Lash Tint, Brow Shape and Tint	\$68
Lash Lift	\$95
Lash Lift & Tint	\$115
Eyelash Extensions	P.O.A
Brow Lamination	P.O.A

## **Computerised Electrolysis (Blend Method)**

For more targeted and specific removal of unwanted hair or red veins.

Our blend machines from Canada are revolutionary as they are the fastest technology on the market and combine the efficiency of low frequencies with the comfort of high frequencies. Electrolysis can be used effectively on all hair colours.

Consultation	\$40
Hair removal	
15mins	\$48
30mins	\$65
45mins	\$78
60mins	\$95
Red Vein Removal	
15mins	\$80
30mins	\$100
45mins	\$140



# **Packages**

Experience ultimate relaxation with our beauty packages! Choose from our selection of pampering treatments including facials, massages, pedicures, and manicures. Our packages are tailored to suit your needs and start from \$165. Perfect for a gift or for yourself.

## **Packages**

<b>Total Bliss 3 hours</b> Sothys advanced hydration facial, mini manicure & pedicure, lash tint, brow shape, scalp massage.	\$380 back and
Body Bliss 1 ¾ hours  Mini pedicure, body exfoliation, nourishing body massage.	\$235
Pure Decadence 2 hours Sothys seasonal facial mini manicure, brow tidy, back and scalp massage.	\$225
Top to Toe 2 hours  Multi vitamin facial, brow tidy, scalp massage plus full body rebalancing massage.	\$235
Mini Break 90mins  Mini deluxe facial, mini manicure plus relaxation back massage 90mins.	\$185
Beautiful Nails 2 hours Full spa manicure & pedicure 120mins.	\$175

Me Time 90mins  Deep cleanse, back massage, application of day make-up.	\$175
Special Occasion 75mins Fingernail file and polish, lash tint, brow shape, mini organic facial 90mins.	\$180
Pamper me 90mins A luxurious seasonal facial plus back massage - 15 mins	\$169
Men's Refresher 90mins  Deep cleanse facial, ear and / or nose hair removal and brow tidy, plus back massage 90mins.	\$165 and scalp
Exhibit Escape Back massage, our signature deep cleanse, plus brow shape 75mins.	\$165

# exhibit

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